

## Wednesday Evening Biking – Montour Trail

*August 27, 2008 and every OTHER Wednesday through October 8, 2008*

*Time: Meet between 5:45 pm and 6:00 pm – the ride leaves at 6:00.*

*Location: Meet at the old Wicks furniture parking lot off of Montour Run Road.*

*Host: Jack Fritz, 412-337-0499*

*This nearly limitless trail will offer rides geared to your abilities. The Montour trail is a crushed gravel trail that has fairly slight grades. Ride will start at 6:00 p.m. and the first portion will typically head north towards Coraopolis and then back again. This will be approximately 12 miles before we head south, out toward the tunnel. By backtracking like this, you have the chance to either wait for the group (if you are running late) or cut the ride short. Total ride will be at least 20 miles of serene countryside. Upon return to our cars we can consider stopping for a snack, a drink or a whole meal (riding makes me hungry and thirsty). For more information about the Montour Trail Ride, please call Jack Fritz, or send him an e-mail by clicking on [jack.fritz@pittsburghskiclub.org](mailto:jack.fritz@pittsburghskiclub.org).*

*Be watching for a few bike rides planned for the weekends on other local and regional trails as well.*

